

## **Paul Van Steen Sports Achievement Award 2012 Samantha Klus**

Samantha Klus has been involved in sports for most of her life including dance, competitive swimming, competitive soccer and Triathlon. In high schools she competed at the OFSAA level in track and the NCSSAA in both cross country running and cross country skiing. Her focus is now on triathlon and Samantha came in 4th at the Junior Nationals in Kelowna Aug 2012, 3rd Canadian in the Pan-American Junior Championships



in Edmonton July 2012, 4th in Junior race in Ottawa July 2012, Silver Medal at the Ontario Summer Games 2010. Samantha also qualified for the 3rd Canadian spot for the Triathlon Junior World Championships which took place in New Zealand in October 2012.