

Paul Van Steen Sports Achievement Award 2010 Laurel Johnson

The Bridlewood Community Association is proud to present Laurel Johnson with the Paul Van Steen Sports Achievement Award for 2010. Laurel is an accomplished tri-athlete who has competed in 6 Ironman Competitions including World Championships in Hawaii in 2009 and 2010. She has been a Race Director for the Kids of Steel program and is a Co-Founder of "Packed Apps", an Ottawa based endurance and multi-sport team.

