

Paul Van Steen Sports Achievement Award 2013 Alec Jarvis

Alec has been involved with triathlon for the past 7 years. He placed 2nd in the provincial class and 2nd in Ontario Summer Games in 2012. He has been invited to participate in triathlons in Toronto, St. Andrews, Manitoba and Edmonton in 2013. Alec is currently in grade 12 but taking a reduced number of courses in order to train to be a potential contender for the junior Canadian team in the summer of 2014. Alec also enjoys cross country running.

